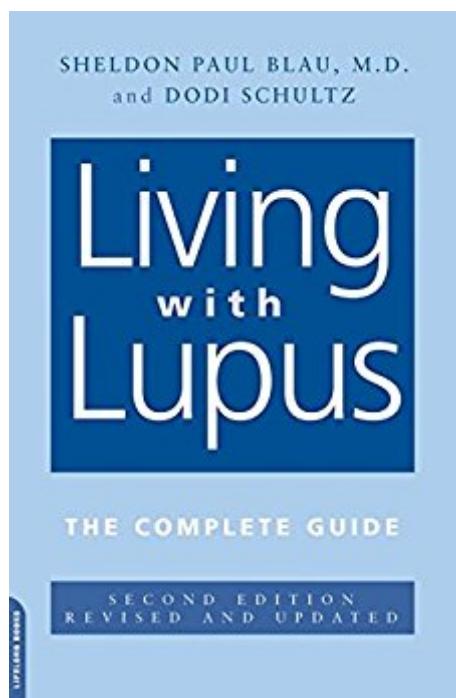


The book was found

# Living With Lupus: The Complete Guide, 2nd Edition



## **Synopsis**

An estimated 1.4 million Americans, most of them women, suffer from lupus, a chronic auto-immune disease in which the immune system attacks the body. With symptoms ranging from skin rashes to kidney dysfunction, lupus is a complicated and frustrating disease, the cause of which is still unknown. In the newly revised *Living with Lupus*, Dr. Sheldon Blau helps patients, their caregivers, and their families and friends navigate this unpredictable disease. With sound, up-to-date advice on how to interpret symptoms, find a physician, choose the right treatments and medications, avoid the environmental factors that may trigger a flare-up, and reduce the risk of complications, *Living with Lupus* is the essential resource for maintaining a healthy and comfortable lifestyle in spite of lupus. Full of practical suggestions, cutting-edge medical information, and moving personal stories, *Living with Lupus* offers hope and reassurance.

## **Book Information**

File Size: 1041 KB

Print Length: 274 pages

Publisher: Da Capo Press; Second Edition, Second Edition edition (March 5, 2009)

Publication Date: March 5, 2009

Sold by: Hachette Book Group

Language: English

ASIN: B009K44MD8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,474,624 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #67 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus #135 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Rheumatic Diseases #441 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Immune Systems

## **Customer Reviews**

This book covers all the ins and outs of a disease that is just as much a mystery now as it was years ago. This gives detailed information about what to expect in testing, physician's appointments,

symptoms, different treatment options and how to cope with the fact that you have a chronic disease.

This book is a decent intro to the topic if you don't know much about it, and definitely gets points for being a quick, easy read. I would recommend it to someone that knows very little (or nothing) about lupus, but not for anyone that has a good knowledge base already. It does contain a lot of good information, but a lot of it is obvious common sense you don't need to pay for (like.. are you tired? rest! or a great way to exercise is to walk!)...

This book provides up to date coverage of a complex and commonly misunderstood disease. It is easy to read and well organized, yet provides a great deal of detail. Suggestions for action as well as for further inquiry are provided.

WOW! This is was a well written book and has answered many of my questions. I was pleased to see there was a whole chapter dedicated to Antiphospholipid Antibody Syndrome. This book will stay in my personal library.

If you have Lupus it is worth the read. Especially just knowing there are people out there that deal with this same disease daily. It covers everything to a tee and has some good ideas. It would really help family members to read this one also. It will shed a light on someone who has no clue about Lupus.

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